



# Q SAFE

Technical and Professional  
Training and Consulting



# کیو سیف

تدریب فنی ومهنی  
واستشارات

"Your Success Is Our Business"

# COMPANY PROFILE



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# WELCOME MESSAGE

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**Amal Al-Thani**  
CEO

On behalf of Q Safe for Technical and Professional Training and Consulting, I extend my warmest greetings and welcome you to explore the possibilities of partnering with us.

In today's fast-paced and competitive business world, staying ahead requires continuous learning and the acquisition of new skills. At Q Safe, we understand the importance of professional development and strive to be your trusted partner in this journey. Whether you are an individual seeking to enhance your expertise or an organization aiming to upskill your workforce, we are here to provide you with tailored solutions that meet your unique needs.

At Q Safe, we are committed to excellence in everything we do. Our approach is centered around delivering high-quality training and consulting services that yield tangible results. We leverage the latest industry trends, best practices, and innovative methodologies to ensure that our clients gain practical skills and valuable insights that they can immediately apply in their professional endeavors.

When you choose to partner with Q Safe, you can expect a collaborative and client-centric approach. We take the time to understand your unique challenges, goals, and aspirations, enabling us to tailor our offerings to your specific requirements. Our dedicated team will work closely with you, guiding you every step of the way, and providing ongoing support to ensure your success.

I invite you to explore our comprehensive range of services and discover how Q Safe can contribute to your professional growth and organizational success. Together, we can transform your vision into reality and create a positive impact in your industry.

Thank you for considering Q Safe for Technical and Professional Training and Consulting as your partner of choice. We look forward to the opportunity to work with you and exceed your expectations.



# ABOUT COMPANY

Q Safe for Technical and Professional Training and Consulting is a provider of technical and professional training and consulting services, dedicated to empowering individuals and organizations with the knowledge, skills, and expertise needed to excel in today's dynamic business landscape. With a commitment to excellence, integrity, and client-centricity, we offer comprehensive solutions tailored to meet the unique needs and goals of our clients.

At Q Safe, we believe in the power of education and skill development to drive personal and organizational growth. Our team of experienced trainers and consultants brings a wealth of knowledge and expertise across various industries and domains. We are passionate about helping individuals enhance their capabilities, advance their careers, and achieve their professional aspirations. Likewise, we partner with organizations to optimize their operations, improve performance, and drive sustainable success.

Our training programs are carefully designed to address the evolving needs of professionals in today's fast-paced world. From technical skills to leadership development, our courses cover a wide range of topics, providing practical knowledge and hands-on experiences. We utilize innovative teaching methodologies, incorporating real-world case studies, interactive exercises, and industry-relevant examples to ensure the transfer of practical skills and application.

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In addition to our training programs, we offer specialized consulting services that provide strategic guidance and tailored solutions to organizations. Our team of consultants works closely with clients to understand their unique challenges and goals, conducting comprehensive assessments and developing customized strategies. We believe in a collaborative approach, partnering with our clients to implement solutions, monitor progress, and achieve measurable results.

Whether you are an individual seeking to enhance your skills or an organization looking to optimize performance, Q Safe is here to support your growth and success. Join us on a journey of lifelong learning, innovation, and achievement. Contact us today to explore how our training and consulting services can empower you or your organization to reach new heights.

# OUR GOALS

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**Enhancing Skills and Knowledge:** This is to enhance the skills and knowledge of individuals or employees to excel in their roles, improve job performance, and advance their careers.

**Bridging Skill Gaps:** This is to identify areas where individuals or organizations lack necessary skills or knowledge and provide targeted training programs to bridge those gaps.

**Facilitating Career Development:** An important objective is to facilitate career development for individuals. This includes offering training programs that enable participants to acquire new skills, earn certifications, and enhance their qualifications. The goal is to support individuals in advancing their careers, accessing new job opportunities, and achieving their professional goals.

**Providing Specialized Expertise:** Q Safe is assisting organizations in optimizing their operations, improving efficiency, and achieving strategic objectives by offering specialized expertise and consulting services.

**Client Satisfaction and Success:** A crucial goal of Q Safe is to ensure client satisfaction and success. The objective is to deliver high-quality training and consulting services that meet or exceed client expectations.

**Continuous Improvement:** Q Safe is continuously improving its training and consulting offerings. Q Safe seeks feedback, stay current with industry best practices, and invest in professional development.



# OUR MISSION



Q Safe mission encompasses the following key aspects:

**Education and Skill Development:** Q Safe's mission is to deliver training programs and educational resources that foster the acquisition of technical knowledge, practical skills, and critical thinking abilities.

**Strategic Guidance and Expertise:** This mission involves providing expert guidance, consultation, and strategic support to organizations.

**Continuous Improvement and Innovation:** To promote a culture of continuous learning and improvement. This includes staying abreast of industry trends, emerging technologies, and best practices to deliver up-to-date training programs and consulting services.

**Collaboration and Partnership:** To establish collaborative relationships and partnerships with individuals, organizations, and industry stakeholders. Q Safe is actively engaging with clients to understand their specific needs, objectives, and challenges.

**Ethical and Professional Conduct:** To uphold the highest standards of ethical conduct, professionalism, and integrity in all aspects of training and consulting services. This includes maintaining confidentiality, respecting diversity and inclusion, and adhering to industry regulations and standards.

Our mission is to empower individuals and organizations through education, strategic guidance, continuous improvement, collaboration, and ethical conduct.

# OUR VISION

We vision to create a learning environment that fosters innovation, critical thinking, and problem-solving abilities. It aims to provide individuals with the tools and resources they need to adapt to new technologies, emerging trends, and changing job requirements.

Furthermore, Q Safe offers expert guidance and tailored solutions to organizations seeking to improve their operations, maximize efficiency, and achieve their strategic objectives. Consultants bring a wealth of knowledge and experience to the table, enabling them to analyze complex challenges, identify areas for improvement, and develop customized strategies and action plans.

Q Safe is centered around continuous learning, innovation, and excellence. We aim to empower individuals and organizations to adapt, grow, and thrive in an increasingly competitive and dynamic world. By providing high-quality training and expert advice and guidance.



# THE COMPANY VALUES

**Excellence:** Q Safe strive to provide high-quality training programs and consulting services that meet or exceed industry standards. We are committed to continuous improvement, staying up to date with the latest knowledge and best practices to deliver the best possible outcomes for their clients.

**Integrity:** Q Safe believes in honesty, transparency, and accountability in all interactions. We maintain confidentiality and handles sensitive information with utmost care and acts in the best interest of its clients, putting their needs and goals first.

**Client-Centric Approach:** Q Safe takes the time to understand the unique requirements of each client and tailor their training and consulting services accordingly.

**Collaboration and Partnership:** Q Safe believes in building strong, long-lasting relationships with our clients, based on mutual trust and respect.

**Lifelong Learning:** Q Safe promotes a culture of learning and professional growth, both within our organization and among our clients. We encourage individuals and organizations to embrace a growth mindset, continuously seek opportunities for learning, and adapt to the evolving needs of their industries.

**Diversity and Inclusion:** Q Safe believes in creating an inclusive learning environment that respects and appreciates the diverse backgrounds, perspectives, and experiences of individuals.

**Impact and Sustainability:** Q Safe aims to deliver services that have a lasting and meaningful effect on individuals and organizations. We take into consideration the environmental, social, and economic aspects of our work, seeking to minimize the ecological footprint and contribute to the well-being of society.





# HOW WE CAN HELP

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**Skill development:** Our primary purpose is to equip individuals with the knowledge, skills, and competencies needed to excel in their chosen field. By providing targeted training, individuals can acquire the specific skills required to perform their job effectively or advance in their careers.

**Career advancement:** Our technical and professional trainings can also serve the purpose of career advancement. We can help individuals enhance their qualifications, broaden their skill sets, and stay updated with the latest industry trends. By continuously improving their expertise through training, individuals can position themselves for promotion opportunities, increased job responsibilities, and higher earning potential.

**Organizational performance improvement:** Our consulting services play a crucial role in helping organizations improve their performance, efficiency, and effectiveness. Our consulting purpose is to provide guidance, recommendations, and support that enable organizations to overcome challenges, optimize operations, and achieve their strategic goals.

**Adaptation to technological advancements:** In today's fast-paced technological landscape, technical and professional training and consulting are essential for organizations and individuals to adapt to new technologies. By offering training programs and consulting services that address emerging technologies, such as artificial intelligence, blockchain, or data analytics, individuals and organizations can harness the power of these tools and stay ahead of the curve.

**Continuous learning and professional development:** These services provide opportunities for individuals and organizations to expand their knowledge, acquire new skills, and stay updated with industry best practices.





# INTERNATIONAL ACCREDITATIONS



International Approved Centre



nebosh

LEARNING  
PARTNER

SILVER 1679



iiRSM  
APPROVED TRAINING



Approved  
training  
provider  
4702



# INTERNATIONAL COURSES



## OCCUPATIONAL HYGIENE

- W201 Basic Principles of Occupational Hygiene
- W501 Measurement of Hazardous Substances
- W502 Thermal Environment
- W503 Noise - Measurement and its Effects
- W505 Control of Hazardous Substances
- W506 Ergonomic Essentials
- W507 Health Effects of Hazardous Substances

## HIGHFIELD

- HABC L3 International Award in Emergency First Aid at Work and Use of an AED
- HABC L3 International Award in First Aid at Work and Use of an AED
- HABC L2 International Award in Basic Life Support
- HABC L3 International Award in Emergency Paediatric First Aid and Use of an AED
- HABC L2 International Award in Fire Safety
- HABC L2 International Award in Control of Substances Hazardous to Health (COSHH)
- HABC L2 International Award in Risk Assessment
- HABC L2 International Award in Health and Safety in the workplace
- HABC L3 International Award in Health and Safety in the workplace
- HABC L2 International Award in Food Safety
- HABC L2 Award in HACCP for Catering
- HABC L3 International Award in Delivering Training

## NEBOSH

- NEBOSH International General Certificate
- NEBOSH Environmental Management Certificate

## ISO

- ISO 9001:2015 Internal Auditor
- ISO 9001:2015 Lead Auditor
- ISO 14001:2015 Internal Auditor
- ISO 14001:2015 Lead Auditor
- ISO 45001:2018 Internal Auditor
- ISO 45001:2018 Lead Auditor
- ISO 22000:2018 Food Safety Management System

## NVQ

- NVQ L6 Proqual Diploma in OHS
- NVQ L7 Proqual Diploma in OHS
- NVQ L6 Licqual International Diploma in Disaster Management

## IOSH

- IOSH Working Safely
- IOSH Managing Safely
- IOSH Fire Safety for Managers

## IIRSM

- IIRSM Basic Firefighting

# OUR COURSES



## HSE

- Basic first aid with CPR
- Basic Life Support with Safe Use of AED
- Advanced First Aid with CPR and AED
- Emergency First Aid with CPR and AED
- Pediatric First Aid
- HSE Awareness
- HSE Foundation
- HSE Leadership and Management
- Basic Safety Officer Course
- Manual Handling
- Electrical Safety Awareness
- Risk Assessment
- Job Safety Analysis
- Accident Investigation
- Basic Emergency Response
- ERT (Emergency Response Training)
- HSE Legal Requirement
- Behavioral Based Safety
- Legionella Awareness
- Infection Control
- Work zone traffic management
- Site Traffic Management Supervisor
- Defensive Driving Course
- Fire Watch
- Basic Firefighting
- Basic Fire Kitchen
- Fire Extinguisher
- Fire Warden Course
- Asbestos
- Hazard communication
- COSHH
- Chemical handling awareness
- Chemical hazard awareness
- HAZMAT
- Hazard management
- Hazard identification
- HAZOP
- Waste Management
- Spill Response

## COMPETENCY

- Forklift Operator Training
- Manlift Operator Training
- Scissorlift Operator Training
- Boomlift Operator Training
- Cradle Operator Training
- Crane Operator Training
- Safety harness inspection
- Basic Rigging and Slings
- Rigging Supervisor
- Scaffolding Courses (Basic/Supervisor & Inspector)
- Mobile Aluminum Scaffolding Course
- Lifting Supervisor
- Appointed Person for Lifting Operation
- Lifting Gear Inspection
- Inspection of Equipment
- Site Specific Safety Induction
- Hand and power tools
- Trenching and excavation
- Working at Height
- Working at Heights Supervisor
- Working at Height and Rescue
- Hole Watch
- Confined Space Awareness
- Confined Space Entry
- Confined Space Supervisor
- Confined Space Assessor
- Permit to work
- Permit to work receiver
- Permit to work authority
- Permit to work coordinator
- Pool lifeguard
- Lock-out/Tag-out
- Banksman/Flagman
- Authorized Gas Tester
- Self Contained Breathing Apparatus (SCBA)
- H2S/BA
- Welding and Cutting Safety
- Hotworks and Welding Safety
- Welding and Grinding Safety
- Excavation Safety
- Excavation Supervisor

# MANAGEMENT COURSES



## MANAGEMENT/SOFT SKILLS COURSES

- Administrative Management
- Human Resource Management
- Executive Secretarial/ Personal Assistant
- Document Control Management
- Business and Finance
- Customer Service
- Time Management
- Event Management/ Planning
- English Language Proficiency
- Arabic Language Proficiency
- Sales and Marketing
- Business Writing
- Human Resource Leadership Training
- Public Speaking
- Planning, Leadership, Organization and Control
- Basic Sign Language
- Babysitting / Childcare
- Handling Guests with Special Needs



# Q SAFE CONSULTANCY



## HSE ASSURANCE

### Consultancy

QSafe provides Assurance Services, through its team of specialist and consultants, OH&S, Environment, Fire and Emergency, Food Safety, and Worker Welfare through inspections, audit, and assessments needed by any client, client appointed representatives, principal and sub-contractors.

#### A. Audit

Audit is one of the vital parts of assurance process that an organization should execute to determine the gaps and ensure the compliance to a certain requirement or criteria

QSafe provides Auditing Services, through its team of specialists and consultants, OH&S, Environment, Fire and Emergency, Food Safety, Risk Management, and Worker Welfare to meet the precise need of any clients in different industries such as oil and gas, road/building construction, research and development centers, facilities management, operations and maintenance, education sector, retail, food and beverage, etc.

This service includes a comprehensive report which details the non-conformities and action plans to be prioritized.

#### B. Assessments

##### 1. Health and Safety Risk Assessments

Qatar Labor Law requires the employer to determine and inform the workers on the type of hazards that the worker might be exposed to during performance of their work. The employer is also obliged to the provision of appropriate and sufficient precautionary measures for protecting the workers from any injury or disease. QSafe will support your organization to conduct workplace risk assessments to identify potential hazards and risks in your workplace and recommend the appropriate control measures.

##### 2. Fire Risk Assessments

An assessment of compliance of all fire arrangements in any type of occupancy ensuring compliance to QCD and relevant NFPA standards. Assessor (s) will evaluate possible gaps between an agreed criteria (QCD & NFPA requirements) and draft recommendation on how to address all audit findings.

##### 3. Health/Hygiene Risk Assessments

An assessment of compliance to Qatar Labor Law, QCS, Ministerial Decisions, MOPH requirements that pertains to Occupational Health & Hygiene and best international practices. QSafe, with its Certified Industrial Hygienist, provides Occupational Health and Hygiene services that is aimed at complying to related laws, international standards, and more importantly ensuring workers health. Examples of activities include:

- Indoor Air Quality Assessment
- Ergonomic Assessment
- Manual Handling Risk Assessments
- Heat Stress Assessment
- Lighting Assessment
- COSHH Risk Assessments
- Noise Survey/Assessment
- General Workplace Assessment
- Covid 19 Risk Assessments
- Legionella Risk Assessment



#### C. Workplace HSE Inspection

We can assist your organization to conduct workplace thorough inspections to identify potential hazards associated with your work activities. A detailed report will be provided following the activity.



## **MANPOWER (HSE)**

### **SUPPLY**

#### **A. HSE Supply**

QSafe can provide you competent HSE professionals on a full-time or call-off basis to meet any HSE related requirements. These HSE professionals had undergone rigorous selection so you will be confident that they are competent to perform any of the assigned tasks in the workplace.

Our available professionals include:

1. HSE Auditors
2. Occupational Health Officer/Specialist/Manager,
3. Risk Officer/Manager.
4. Welfare Officer/Manager.
5. Quality Officer/Manager
6. HSE Officer / Supervisor / Advisor / Manager / Consultant,
7. Fire Inspectors/Specialist
8. Food Safety Specialist etc.

#### **B. Establishment, Implementation, and Monitoring of Management System**

Development and Implementation of ISO 9001:2015 (Quality), ISO 14001:2015 (Environment), ISO 45001:2018 (Health and Safety), ISO 22000 (Food Safety), ISO 39001 (Road Traffic Safety) and other ISO Management System.

ISO Certification is one of the basic requirements when working for new projects and obtaining international accreditations. QSafe has a team of experts who can assist and prepare the organization acquiring ISO certification such ISO 9001, ISO 14001, ISO 45001, ISO 22000, ISO 39001, etc. We will conduct a thorough gap analysis of your existing management system to align with the ISO standard specific requirements for your organization to achieve the desired certification.

#### **C. HSE Provision and Coverage for Events**

QSafe will provide call off services for events and will cover all stages:

1. Build-up / bump-in
2. Live dates
3. Breakdown and move-out

QSafe will provide professionals who can support Clients as well as the Contractors. QSafe will ensure all legal requirements are complied. Conduct risk assessment of the event, foresee all emergency potentials, implement, and enforce all controls and mitigation plans.



# INSPECTION AND CERTIFICATION SERVICES

Q Safe provides inspection and certification services, through its team of Engineers, Technicians, Inspectors, Testers, and other specialists and consultants, who have supreme experience and knowledge. Our team is exceptional in providing the highest quality of innovative and industry specific bespoke solutions.

## **A. Inspection**

Inspection is one of the vital parts of assurance process that an organization should execute to determine the gaps and ensure the compliance to a certain requirement or criteria.

Q Safe provides, through its team of Technical Specialists services to meet the precise need of our clients in different industries.

## **B. Certification**

Local Regulations and Various International Standards require companies to comply on inspection and certification requirement of different type of earth moving and Lifting equipment. The employer is obliged to the provision of appropriate and sufficient precautionary measures for protecting the workers from any injury. Q Safe can support your organization to conduct workplace risk assessments to identify potential hazards and risks in your workplace and recommend the appropriate control measures.

## **C. Inspection and Testing Services**

Q Safe provides Inspection & Testing Services - Third Party Inspection and Certification - Industrial Testing and Certification - NDT Services - Technical & Industrial Training based on international and local standards and regulations.

Q Safe is an independent Third-Party Inspection and Certification company that verifies, validates and certifies activities that most operating companies demands in Construction, oil and gas sector and manufacturing. Our Third-Party Inspection service helps commercial and industrial customers across the region to meet their statutory obligations and protect their staff, plant and assets.





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